

Dear Swimmer

Welcome to the Artistic Swimming section of the Borough of Kirklees Swimming Club. We hope you will have an enjoyable and happy time as a swimmer at our club and that you make many new friends and enjoy training and competing with us. Your parents will have been provided with all the club information and so this letter is to give you some additional information you may find helpful now, or in the future.

Coaching

As a Swim England SwimMark Accredited Club, all our coaches are qualified and highly experienced, and are committed to providing training of a very high standard that you enjoy, and that helps you reach your full potential. You should soon get to know your coach and if you have any concerns about training do talk things over with your coach and your parents.

Safeguarding

Alongside our wish for you to enjoy and succeed at your sport, we want to ensure that you are safe and happy as a member of the club and that we act upon anything that prevents that. That is what we call 'safeguarding our members'.

To achieve this we have a safeguarding manual called Wavepower. If you want to have a look at this document, the welfare officer will have a copy that you can read. You can also find it on the Swim England website: www.swimming.org/swimengland/

It is therefore very important if something or someone causes you to be unhappy that you tell someone. If you become concerned about anything, or any aspect of what is happening to you whilst you are at the club, either due to the behaviour of adults or other young people, tell your parent, your coach, the welfare officer or any other adult you feel happy to speak to. Any issues you raise will be dealt with. Your club Welfare Officer is **Sarah Whitehouse**.

The ASA also have a helpline called Swimline: tel: **0808 100 4001** if you want to speak to someone but not anyone in the club. You will be asked to leave a number at which you can be contacted in the following 48 hours. If you feel you cannot wait that long for someone to talk to you, you will be put through to the NCPCC/ChildLine helpline number who will answer your call immediately.

Code of Conduct

Just as we expect others to behave properly to you, we expect all our members to behave in an appropriate manner to each other as well as their coaches, all helpers, and all adults and young people you have contact with in competitions. We have a code of conduct that you and your parents will be asked to sign and return to the club. If you are unsure about any aspect of the code of conduct please feel free to ask.

Finally, we would just like to say welcome to the Borough of Kirklees Artistic Swimming Club and we hope you will have a very happy and successful time during your time as a member of our club.

Elaine Tucker

Chair

Borough of Kirklees Artistic Swimming Club



Useful websites for parents, children and young people

Kidscape Tel: 020 7730 3300 Website: www.Kidscape.org.uk

Kidscape - have a helpline and downloadable leaflets on what to do if your child is being bullied. The ASA have formed a relationship with Kidscape and can when required refer swimmers who have been bullied to attend the WIZ course in London.

Childline Tel: Call ChildLine 0800 1111 Website: www.childline.org.uk

Help for children and teenagers. Need advice or just want to talk?

Child Protection in Sport Unit (CPSU) Tel: 0116 234 7278/728. Website: www.cpsu.org.uk.

The CPSU have useful downloadable documents including; club safety list for parents, protecting your child by listening, how you can help make sport safe, setting the right example.

NSPCC Child Protection in Sport Unit (CPSU) Tel: 0116 366 5590 Website: www.thecpsu.org.uk

NSPCC Helpline Tel: 0808 800 5000 Website: www.nspcc.org.uk

Swimline ASA/NSPCC Child Protection Helpline Tel: 0808 100 4001