

## BOK Records 2014 onwards

Please note that it was agreed at the BOK Committee meeting in January 2014 that BOK Records will be recorded as Age on Day, not Age in Year.

If you think you have broken a BOK Record, after 1<sup>st</sup> January 2014 you must inform the BOK Committee by emailing Abigail Locke at <u>speedrecords@bokswimmingclub.co.uk</u> to claim the record.

You can only claim a record if:

- You were competing as a member of BOK or when selected as a BOK swimmer to represent a county, regional or national team, including national competitions such as Arena League.
- On the day of competition you were the same age as the record you are claiming.
- The record is shown on the ASA rankings (or recorded in official results using electronic timing for team events).
- The record was set in a 25 or 50 metre pool.
- The record was for a standard swimming event ie split times cannot be claimed.

If the above criteria have all been met, your new record will be recorded in our club records.

Regards

**BOK Committee** 







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