



BOROUGH OF KIRKLEES SWIMMING CLUB - 'Be OK with BOK!'

Affiliated to Yorkshire SA and ASA North East Region

Code of Conduct for swimmers

General behaviour

1. Treat all members of the club with due respect including:

Fellow swimmers

Coaches

Officials

2. Treat all competitors and representatives from competing clubs with due respect.
3. The use of inappropriate or abusive language, bullying, harassment, discrimination or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.

Swimming training

1. Arrive in good time to stretch, 10 minutes before start time.
2. Have all your equipment with you, i.e. hats, goggles nose clips, fins etc.
3. Use the lavatory before training begins and always inform the coach if you need to leave the pool during training.
4. Listen to what your coach is telling you.
5. Do not stop and stand in the lane, you may get injured.
6. Think about what you are doing during training.

Competition

1. Always arrive in good time to attend the warm up.
2. Warm up properly.
5. Be part of the team. Stay with the team on poolside or in the changing rooms.
6. Be aware of the running order. Make sure the Team Manager knows your whereabouts at all times.
7. Support your team mates. Everyone likes to be supported.
8. You must wear club uniform and hats when representing the club.

Signed: _____ Date _____